

## Hand & Foot Treatments

### The Nail Bar

Our nails area has the option to seat two clients, so whether it's mother and daughter, bride and groom, sisters or just good friends, you can sit and chat while we pamper your nails.

### Nailtiques

This range enhances cuticles, and improves nail condition. Treatments include an invigorating massage, stimulating exfoliation and relaxing heat treatment.

Nail File & Paint.....	€18
Mini Manicure, 30 mins .....	€25
Nailtiques Manicure, 60 mins...€39	
French Manicure.....	€39
Nailtiques Pedicure .....	€45
Delux Pedicure in Shiatsu	
Massage Chair.....	€55

### False Nails

Occasional Nails.....	€40
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## Make-Up

Eden stocks Karaja, a professional make-up range from Italy.

Make-Up.....	€35
Bridal Make-Up (including trial) .....	€55
Make-Up Lesson .....	€60

*(1 hour - please bring own make-up to lesson)*

## Hair Removal

Propil Waxing includes the application of a gel that penetrates into the hair follicle. The gel causes the hair to atrophy and hair growth will thus become more inhibited. Have you considered permanent hair reduction? Ask for a brochure on the MedFlash II IPL system.

### Propil Waxing

Eyebrow.....	€17
Lip or Chin .....	€25
Lip and Chin.....	€28
Lip, Chin and Side of Face.....	€38
Half Leg.....	€28
Half Leg Wax Upper incl Bikini....	€48
Full Leg.....	€48
Full Leg with Bikini .....	€55
Three Quarter Leg.....	€44
Bikini Line.....	€22
Under Arm .....	€18
Full Arm.....	€35
Lower Arm .....	€25
Abdomen.....	€25
Mans Back.....	€50
Mans Chest.....	€50

### Waxing

Eyebrow.....	€14
Lip or Chin .....	€14
Lip and Chin.....	€20
Lip, Chin and Side of Face.....	€30
Half Leg.....	€22
Half Leg Upper.....	€26
Half Leg Wax Upper incl Bikini....	€38
Three Quarter Leg.....	€30
Three Quarter Leg and Bikini.....	€44
Full Leg .....	€35
Full Leg with Bikini.....	€42
Full Leg with Hot Wax Bikini .....	€48
Full Leg and Brazilian.....	€70
Bikini Line.....	€17
Hot Wax Bikini .....	€20
Hot Wax High Bikini.....	€30
Brazilian Bikini.....	€50
Under Arm .....	€15
Hot Wax Underarm.....	€20
Full Arm.....	€30
Lower Arm .....	€18
Abdomen.....	€15
Mans Back.....	€45
Mans Chest.....	€45

*Please Note it is the salon's policy that hot wax is used for all facial waxing. A patch test is required before waxing.*

## Mama Mio™ Maternity Treatments

- There is no other time in a woman's life when she more deserves to be luxuriously pampered than when she is pregnant. Mama Mio Mama's Touch™ is a special programme of skin-salvation, indulgent maternity and post-pregnancy treatments designed to relax, comfort and nourish - all specifically designed to be totally safe and effective. Mama Mio Mama's Touch™ treatments are all individually created to alleviate the main issues of discomfort in pregnancy - increasing skin elasticity, nourishing parched skin, relieving itchy bellies, rejuvenating heavy legs, easing tired muscles and tension, assisting circulation and reducing water retention.

### Lighten Up

€40  
A warm, fragrant mineral salt-rich Mama Mio Foot Soak to energise, reduce swelling and stimulate circulation. Includes a gentle hand, lower leg and foot massage.

### Free Your Mind

€60  
A treatment designed to ease you of the stresses associated with pregnancy. A cooling Mama Mio Eye Compress combined with pulse-point Gravidia therapy initiates the relaxation. A gentle face and head massage will release cranial and jaw tension followed by a deep neck and shoulder massage.

### Free-Loader

€60  
A wonderful back and upper body massage specifically designed to release tensions and muscle fatigue. This treatment focuses on the muscles that are responsible for supporting the pregnant tummy.

### The Yummy Tummy

€60  
This treatment begins with an application of Gravidia Pulse Point Oil and gentle skin brushing to increase circulation, gently exfoliate and improve the tonicity of the skin. A concentrated serum and deep treatment mask will be applied to soothe and moisturise the abdomen. Enjoy a relaxing lower leg and foot massage as the Intensive Tummy Stretch-ease Serum and mask take effect.

### Maternity Massage

€70  
A complete body massage, using specific pre-natal techniques to help relax, increase circulation, alleviate tired muscles and reduce water retention. A wonderful treatment that gives mama a chance to truly relax and a few moments to dream of baby

### The Smoothie

€85  
Rejuvenate your skin and clear your mind in preparation for your pending arrival. Mama Mio Smoothie will exfoliate your skin oh so gently (but effectively) followed by the most moisturising massage to hydrate and elasticise your skin. A luxurious scalp massage will sweep away your stress, leaving you with skin to rival your baby's bottom.

*A full range of Mama Mio skincare and gift packs are also available.*

## Gift Vouchers

The ideal gift for your loved one. Available from reception or online at [www.edenbeautygroup.com](http://www.edenbeautygroup.com). Vouchers are valid for 3 months from date of issues. We regret that vouchers cannot be exchanged for cash, are non-transferable and lost vouchers will not be replaced. Vouchers are redeemable against treatments only, excluding cosmetic injections.

## Hours of Business

Monday, Tuesday and Saturday	:	9.30am to 6.00pm
Wednesday and Thursday	:	9.30am to 9.00pm
Friday	:	9.30am to 8.00pm

## Terms of Trading

Notice of cancellation is required 24 hours in advance.

For bookings over 1 hour we require a 50% deposit payable by credit card. This is fully refundable if we receive a minimum of 24 hours cancellation notice.

Eden is a mobile phone free zone.

All prices inclusive of VAT

Laser and credit cards accepted.

Eden

BEAUTY GROUP

*“To me, fair friend you never can be old  
For as you were when first your eye I eyed,  
Such seems your beauty still.”*  
William Shakespeare

1 Main Street, Wicklow  
Phone: 0404 61295

[www.edenbeautygroup.com](http://www.edenbeautygroup.com)

## Facials by Casmara

Eden is proud to introduce the Casmara Skincare Range of products to Ireland. Innovative and original, Casmara offer the therapist and client huge flexibility with the 'My Casmara' facial and a range of specific treatments available.

Find out more at [www.MyCasmara.com](http://www.MyCasmara.com)

### 'My Casmara' Facial €68

This facial allows the therapist and client to choose from a range of Natural Ampoules and Algae Masks. Each ampoule contains a biological serum that targets a specific function or need. Meanwhile each mask contains natural ingredients to target specific skin problems, and gives an instant 'face lift' effect. Since the therapist and client can choose any mask and ampoule combination this really is a facial tailor made for you.

## Casmara Specific Facials

### Casmara Mini Facial €35

A quick 'pick me up' including a cleanse, serum and mask. An ideal introduction to the benefits of Casmara.

### Green Tea Facial €80

A luxurious treatment - 3 serums are massaged into the skin, followed by a green tea mask. This facial is suitable for all skin types and gives the skin a real boost. Ideal at the beginning of each season to prepare and protect your skin from the changing elements.

### Absolute RT4 Retinol Facial €80

An aromatic nourishing facial for all skin types. The combination of vitamins (B, C, E and F) and Retinol® (vitamin A) reduces the visible signs of ageing by increasing the natural production of collagen within the skin.

### Re6Tense Facial €80

Representing the state of the art in facials, it has 6 active principles for the following benefits: Cellular regeneration, Anchoring dermis-epidermis, Elasticity, Lifting, Dermis reconstruction and Hydration.

### Shine Stop Dermo Purifying Facial €85

Suitable for combination and oily skin, in particular skin suffering from the effects of excessive sebum such as, thick skin, dilated pores, blackheads, and excess shine. The treatment purifies and regulates the skin's ecosystem.

### Biological Awaken Q-10 Facial €85

Treats mature, stressed or dehydrated undernourished skin. Ideal for dull, lifeless skin or for anyone wanting a pick-me-up.

### Bi-Phase Soya Facial €85

A facial and eye treatment in one, this nourishing, protecting and moisturising the skin. While the eye treatment soothes tired eyes, reduces lines and increases lymphatic drainage reducing puffiness.

### Regeneration BTX Contraction Inhibitor Facial €95

Contains Argireline®, this treatment prohibits muscular contraction and repetitive facial movements and increases cell regeneration. The ultimate anti-ageing facial. Also prolongs the effects of clinical treatments eg. face lifts, facial fillers and anti-wrinkle injections.

### Addicti O2 Oxygen Facial €95

Designed for mature skin this treatment yields immediate results, improving moisturisation, brightness, firmness, elasticity and the overall appearance of wrinkles. Apart from diminishing the depth and length of existing wrinkles, this treatment also acts preventively by curbing the appearance of new wrinkles.

## MedFlash II IPL

IPL or Intense Pulsed Light is a safe treatment using light to permanently reduce unwanted hair, perform skin rejuvenation, remove thread veins and reduce active acne. Detailed information and brochures are available from reception.

### Hair Removal

Consultation and Patch Test.....	€20
Upper Lip .....	€60
Chin or Jaw Line.....	€70
Neck Front.....	from €110
Neck Back.....	from €200
Sides of Face.....	€110
Chin and Jaw Line.....	€110
Underarm.....	€100
Bikini Line.....	€120
High Bikini.....	from €160
Brazilian.....	from €200
Underarm and Bikini .....	€200
Abdomen Line .....	€70
Half Leg Lower.....	€200
Half Leg Upper.....	€280
Full Leg.....	€550
Shoulders.....	€120
Middle Back.....	€240
Lower Back.....	€175
Full Back.....	€450
Half Arm.....	€180
Full Arm.....	€300
Upper Chest.....	€250
Stomach.....	€180
Chest and Stomach.....	€300

*For any area not clearly stated above, please ask your therapist.*

### Skin Rejuvenation, Thread Vein and Active

Acne	
Consultation and Patch Test.....	€20
Skin Rejuvenation or Thread Vein.....	€100
<i>A course of 3 to 8 treatments</i>	Course of 6 - €500
<i>is typically required</i>	

Active Acne.....	€100
<i>1 treatment required every week to 2 weeks, 10 to 12 treatments required</i>	Course of 6 - €500

## Anti-Ageing Treatment

### Anti-Wrinkle Injections

- these are injections into the muscles to stop them from contracting. The areas most commonly treated are the forehead, lines at the sides of the eyes and frown lines.

### Dermal Filler Injections

- these are injections into the skin to reduce wrinkles in the forehead, frown lines, nasolabial lines, lip lines and are also used to augment lips.

The injections are administered by a doctor. Prices start at €250, consultation and €50 deposit required.

### Genie - Take 10 Non Surgical Face Lift

- the most powerful non surgical face lift treatment available. This treatment developed, by a UK consultant, re-educates muscles increasing muscle tone, firming skin, reduces fine line and re-defines the jaw line.

Course of 10 x 10mins.....	€350
1 top-up treatment.....	€45

### EcoPeel Microdermabrasion

A jet of fine crystals or diamond tipped wand is used to gently exfoliate the upper layer of the epidermis leaving a silky smooth finish. The treatment is totally painless and accelerates the production of collagen and elastin. Microdermabrasion reduces the appearance of: fine lines, mild scarring, blackheads, sun damage and uneven skin tones. An excellent treatment for brightening tired, dull skin.

1 treatment incl cooling mask.....	€100
Course of 6 incl cooling mask.....	€500

### Collagen Remodelling

A dual action anti-aging treatment combines microdermabrasion with a cooling mask, followed by IPL skin rejuvenation and a firming mask.

1 treatment.....	€180
Course of 4.....	€600

### Cosmetic Teeth Whitening €295

BEYOND™ WhiteSpa is an exciting, new treatment that will give you a shiny, white smile in a little over one hour. Specifically designed for salon use, it has both

FDA and CE approval. After your consultation a trained therapist applies the BEYOND™ Whitening Formula Gel to the teeth followed by the Beyond Accelerator Cold Blue Light. The Accelerator illuminates the teeth and activates the special whitening formula gel. In just three 20-minute cycles tooth discoloration from years of staining foods, coffee, tea, cola and red wine are reduced leaving a beautiful shiny white smile.

## The Men's Range

Eden offers a range of treatments and skincare suitable for today's man. An Eden Gift Voucher is an ideal gift for the man that has everything.

### 'My Casmara Man' Facial €68

A custom facial designed for male skin.

### Shine Stop Dermo Purifying Facial €85

Ideal for male combination and oily skin, in particular skin suffering from the effects of excessive sebum such as, thick skin, dilated pores, blackheads, and excess shine. The treatment purifies and regulates the skin's ecosystem.

### Massage

Our team of massage therapists will be happy to discuss our range of treatments and help you choose the right one for your needs.

Back Massage.....	€45
Hot Stone Back Massage.....	€55

### Manicure

Nailtiques Manicure.....€39

### Hair Removal

Propil waxing includes the application of a gel that will penetrate into the hair follicle cause the hair to atrophy and hair growth will become more inhibited.

Propil Waxing	Waxing
Man's Back.....	€50
Man's Back.....	€45
Man's Chest.....	€50
Man's Chest.....	€45
Eyebrow Wax.....	€14

## Special Treatments

These treatments cater for precise needs - thus giving an in-depth solution to each problem.

### AFA (amino acid) Facial Peel

- the AFA skincare programme is exclusive to Eden. This dermatologist developed range consists of a homecare gel applied at night, in addition to in-salon facial peels. AFA's exfoliate the skin deeply yet gently. They increase the skins ability to retain moisture and are a potent antioxidant. An excellent treatment to reduce fine lines and wrinkles and give the skin a radiance boost. Also produces outstanding results on dry, sun-damaged and problem skin such as mild acne and roseca.

1 Treatment	€55	Course of 6	€300
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### AFA Clay Peel

- a 2 step treatment involving a clay mask followed by a peel. This treatment is only suitable for those following the AFA Homecare Programme who have completed a number of AFA peels. Bring your treatment to the next level.

1 Peel Et Mask €85 Course of 6 €450

### AFA Peel Et Eco Peel Microdermabrasion

- a fantastic treatment for those wishing to reduce sun damage and pigmentation. Refine skin and reduce fine lines. AFA home care must be used for 1 week prior to this treatment.

1 Peel Et Eco Peel €120 Course of 6 €600

## Back and Body Treatments

Luxurious treatments that relax mind and body leaving your skin silky smooth.

## Casmara Body Treatments

A range of customised body treatments featuring Thermoactive or Cryogenic Algae masks. A blend of microcrystals Et essential oils gently exfoliate the skin in preparation for the active massage ingredients and the algae mask.

### Reaffirming Treatment

Designed for areas that require an increase in firmness, elasticity and moisturisation. €60 per area or 10 for €500.

### Tired Legs Treatment

Ideal for expectant mothers or those on their feet all day. €60 per area or 10 for €500.

### Top to Toe €150

Luxurious all over body treatment. Full body scrub followed by a massage with body up firming cream, then relax with a head, neck, face and shoulder massage using an anti aging ampoule.

### Redulip Sculptor

A slimming and anticellulite treatment which inhibits new fatty cell development and fights cellulite. A course of treatments is suggested. €70 or 10 for €600

### Universal Contour Wrap

- the original sea clay body wrap, detoxifying, contouring and guaranteed inch loss. This is one of our most popular treatments.

1 wrap.....	€70
Course of 3 wraps.....	€175

*A booking deposit of 50% is required. Course valid for 6 weeks from date of first wrap.*

### Massage

Our team of massage therapists will be happy to discuss our range of treatments and help you choose the right one for your needs.

Indian Head Massage.....	€50
Back Massage.....	€45
Full Body Massage.....	€65
Hot Stone Back Massage.....	€55
Hot Stone Full Body Massage .....	€80
Reflexology .....	€55

## Sunless Tanning

### Sun FX

- the worlds leading spray tan system, a natural looking golden tan takes just 10 minutes and lasts from 5 to 7 days. Before tanning exfoliate your body. An Eden Body Scrub (see below) is ideal. Pay attention to rough areas like knees, elbows, ankles and the tops of your feet. Do not apply deodorant or moisturiser to your skin on the day of the tanning treatment. Wear attire appropriate for tanning. Apply nail varnish to your finger and toe nails prior to your session.

Full Body Tan.....	€45
Pay for 5 and get 6th FREE	

## Body Scrubs

-an invigorating exfoliation treatment that leaves your skin silky smooth. An ideal pre-tan treatment.

Full Body Scrub.....	€50
Full Body Scrub and Spray Tan.....	€70

## Grooming

A patch test is required before tinting.

Eyebrow Shape.....	€10	Eyeshadow.....	€10
Eyebrow Reshape.....	€12	Eyeshadow Et Eyebrow Tint.....	€18
Eyebrow Tint.....	€8	Eyebrow Shape Et Tint.....	€17
Eyeshadow Tint.....	€14	Eyebrow Wax Et Tint.....	€20
Eyebrow Wax.....	€14	Eyeshadow Et Brow Tint Et Trim.....	€25
Lip Bleach.....	€12	Eyeshadow Et Brow Tint Et Wax.....	€29

## Electrolysis

Permanent hair removal - treats each hair individually.

10 minutes	€13		
15 minutes	€17	10x10 minute sessions	€100
20 minutes	€22	10x15 minute sessions	€150

### Red Vein Removal

An advanced form of electrolysis. Treats individual superficial veins on cheeks and nose. A consultation and patch test is required.

Consultation .....	€25
15 minutes .....	€45
6x15 minutes.....	€250